



Is your home safe and accessible for your loved one?

There are so many considerations when setting up a safe, comfortable home for your parent, senior-aged family member, or elderly friend.

Walk through your home and use the following safety assessment to help you make necessary changes or recognize what is already working well in key areas of your home.

Front Door

- Lack of Railing or Unstable Railing**
Add railing to one side of stairway or if current railing is unstable, repair it.
- Uneven Steps and/or Pavement**
Have steps and/or pavement repaired.
- Lack of Lighting**
Add outdoor light fixture.

Notes

HELPFUL PRODUCTS: Grab Bars, Door Knob Extender

Hallway/Foyer

- Uneven or Slippery Floor**
Make sure floor is dry at all times, add rug to slippery wood flooring, consider adding grab bar next to door for added stability.
- Cluttered Area**
Organize and remove problematic items.
- Dark or Poor Lighting**
Add additional lights or increase wattage.
- Limited Access to Ceiling Light**
Add extenders to ceiling light switches or add wall lighting.

Notes

HELPFUL PRODUCTS: Grab Bars, Door Knob Extender, Wall Switch Extension Handle, Rollator

Living Room

- Poor Lighting**
Add additional lights or increase wattage.
- Cluttered Area**
Eliminate clutter on floors by organizing and removing problematic items.
- Electric Cords Across Floor**
Run cords behind furniture; arrange items so they can be plugged in closer to outlets.
- Presence of Challenging Furniture**
Add assistive equipment to help get in and out of difficult seating areas.
- Inaccessible Light Switches**
Access light fixtures with assistive products.

Notes

HELPFUL PRODUCTS: Grab Bars, Door Knob Extender, Wall Switch Extension Handle, Rollator

Kitchen

- Cabinet Heights**
Use assistive device to grab from higher or lower cabinets.
- Uneven or Slippery Floor**
Make sure floor is dry at all times, repair uneven surfaces.
- Poor Lighting**
Add additional lights or increase wattage.

Notes

HELPFUL PRODUCTS: Reacher, Grab Bars,
Wall Switch Extension Handle, Rollator

Bedroom

- Cluttered Area**
Eliminate clutter by organizing and removing problematic items.
- Electric Cords Across Floor**
Run cords behind furniture or arrange items so appliances can be easily plugged in.
- Bed Mobility**
Use assistive device to allow easy, stable access in and out of bed.
- Poor Lighting**
Add additional lights or increase wattage.
- Poor Room Arrangement**
Use assistive device to allow you to easily reach items.

Notes

HELPFUL PRODUCTS: Bed Assist Bar, Reacher, Wall Switch Extension Handle, Big Lamp Switch, Bed Rope Ladder, Bedside Commode

Bathroom

- Presence of Unsecured Bath Rug**
Use bath rug with non-slip bottom.
- Lack of Support in Tub**
Add grab bars to tub and around bathroom where appropriate.
- Lack of Support Near Toilet**
Add grab bars on sides of toilet and around bathroom where appropriate.
- Low Toilet**
Add raised toilet seat for added height.
- Slippery Tub**
Add a rubber bath mat or safety treads.
- Lack of Bathroom Support**
Add a bath chair along with hand-held shower and grab bars where needed.

Notes

HELPFUL PRODUCTS: Grab Bars, Tub Grab Bar, Bath Bench,
Transfer Bench, Raised Toilet Seat, Hand-Held Shower, Bath Mat

**Which Piece Are You Missing
For PEACE OF MIND?**



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Outfit your home for safety and convenience.

Below are helpful product suggestions to help enhance the safety and security of each room.

- Grab Bars**
Attach next to door(s) to help cross over thresholds.



- Bedside Commode**
Easy access for instances when it's too difficult to get to the bathroom.



- Rollator**
Allow users to move around home with greater stability.



- Tub Grab Bar**
Add to tub for added support while moving in and out of the bathtub.



- Stand Assist Walker**
Gradually stand upright from lower level handles to top level with ease.



- Bath Bench**
Provide extra stability and support while bathing in a tub or shower.



- Transport Chair**
Provide a more comfortable, lightweight wheelchair alternative.



- Transfer Bench**
Allow lateral transfer in and out of tub for added stability.



- Reacher**
Give an additional 32" to allow users to reach items, both high and low.



- Raised Toilet Seat**
Provide added height to toilet for easier access on and off.



- Bed Assist Bar**
Offer more support when getting in and out of bed.



- Hand-Held Shower**
Aid with bathing while using a bath bench or transfer bench in the tub.

